

Enjoying the Journey



Exploring the Word of God as the Vehicle
and Driving Force for Everyday Success in Your Life.

by Elder D.F. McDuffie

Written by Evangelist D.F. McDuffie, c/o GospelnPsalm
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eBook: Enjoying the Journey (first in the multiple book series)

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By DaRonda McDuffie

INTRODUCTION: This ebook is a brief summary of the soon to be published book, *“Enjoying the Journey”* and it shares five ways, to get the most out of everyday life, and is the first of several in the *“Enjoying the Journey”* inspirational book series. It also encourages readers to not just wander through each day, hoping for one big ‘bang’ of a moment to cure all the wrongs, lacks, whys, and other shortcomings in life. Every moment counts. The message I want you to take away from the book is that “if it is to be, its up to THEE!” YOU must make the most of YOUR LIFE using everything you are given within you at the start of it! Don’t make your life a mystery. Enjoy it to the fullest, daily.

5 TIPS TO AWAKEN THE DORMANT AREAS OF YOUR LIFE and start ENJOYING THE JOURNEY!

THESE 5 TIPS are best reviewed, with a bible handy to review the scriptural references to get a jump on enjoying your personal, career, business, or ministry journey in life, if you're feeling stuck, discouraged, dismayed, disappointment or dealing with other attitudes and emotions that are keeping you from enjoying the daily benefits of your life.

- Read these tips if you know you've already had more than your share of sad days
- Reflect upon these motivating steps.
- Act upon them immediately.
- Be ready to embrace these strategies and **MOVE FORWARD**

You want to experience your life as the jewel that it is, that is meant to shine in the darkest of places. Review the way you're looking at the situation you face in life.

A healthy perspective can change everything if you're willing to go the extra mile. You're Worth It...Invest in You! If you're Sick and tired, it's time to get Blessed and Inspired! Read these impactful words, with related scriptures

5 TIPS TO AWAKEN THE DORMANT AREAS OF YOUR LIFE and start ENJOYING THE JOURNEY!

1. EMBRACING THE NEW (YOU) Lifestyle

John 1st chapter - Accept the Assignment, and vacate old mindsets, as you grow and develop into the better you you're becoming as things in your life begin to align with who you are meant to be, called to be, and gifted to be

2. BEING FLEXIBLE and Subject to God's CHANGE OF YOUR PLANS

Psalm 3:5-6 / Proverbs 16:9 – Don't Be So Rigid, that you resist being reinvented, letting go of the old so the new can take up residence in you is crucial to your joy

3. DO NOT WASTE YOUR TIME WORRYING Along the Way

I Peter 5:7 Matthew 6:34 – Stop Robbing Your Mind of Healthy Thoughts, you need to revive your life line. Wearing worry like an old familiar hat on your head is dangerous to your entire being, and hovers its dark clouds over every decision

4. DEVELOPING and Maintaining SUCCESS HABITS

Jeremiah 29:11, Ephesians 4:1 Colossians 3:2 – Growth Requires Change, ongoing; change requires strategies; strategies require wise thoughts, plans, and a vision to implement and execute a great plan

5. LEGACY BUILDING

Galatians 1:10 Colossians 3:23 Jeremiah 29:11 Matthew 6:19-20 Matthew 25:36-43 Colossians 3:23 I Peter 4:11 Ephesians 1:11-13 2:1, 2:6, 10 – It's Not All About You, when you show up to share from your full, complete (mind, body & spirit) authenticate self, it will positively impact the world around you, your community needs what you have, the footsteps that have brought you to where you are were not by happenstance, you have something to offer that no one else has

Begin to really seize the daily opportunities you encounter. You are meant to THRIVE in life. WE OFFER A STEP BY STEP GUIDE USING THIS T.H.R.I.V.E. ACRONYM. Your life doesn't have to be all drudgery. The circumstances you face should be realized and seen as stepping stones. They are able to build your inner strength as you meet and overcome the challenges. They will build your resilience and cause your inner strength to be shaped, and shine forth as you become a beacon of hope, and a true leader showing others how to overcome their challenges, and obstacles and enjoy their journey. Your life situations matter, make you better if you learn from them, and maximize your impact in the lives of those around you. There are those that you're meant to inspire. Count your blessings, and get busy sharing them with the communities of individuals and groups that cross your path.

ABOUT THE AUTHOR

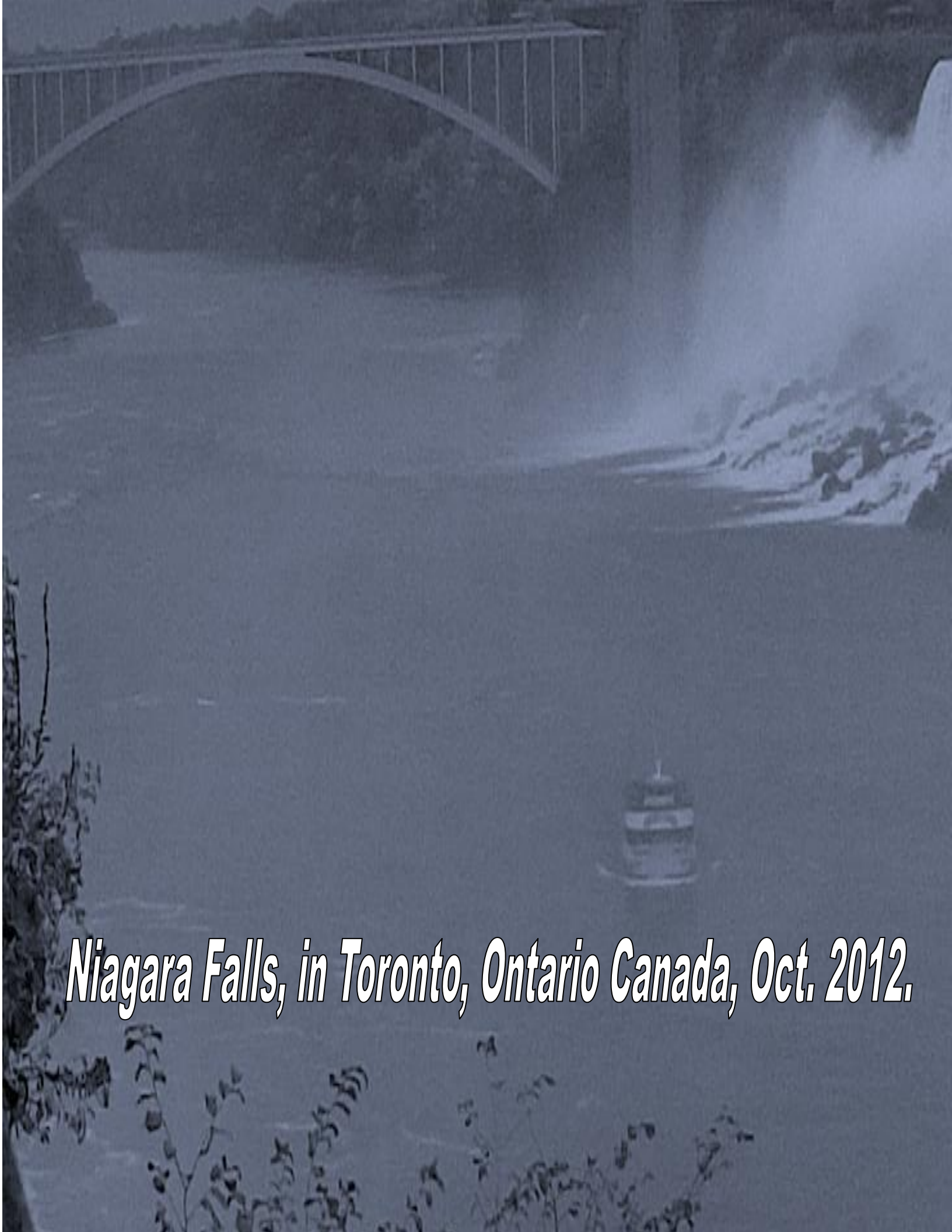
[Evangelist DF McDuffie](#) has worked in leadership capacities in ministry for more than 20 years, preaching, teaching, and creating ministry, academic, or career programs for youth to adults. Shelley McDuffie, has been 'coaching' people and didn't know there was even a name for the skills, advice and services she was offering, and regularly providing.



"God thrust me into a very active and fruitful Christian walk, as a "Help" in the Body of Christ," McDuffie shared, that has led to her laboring in ministry as servant, elder, evangelist, preacher, teacher, exhorter, and psalmist. Her journey involves street evangelism, prison, nursing home, shut in, music ministry, and youth outreach, in the church, and operating in the five-fold gifts of ministry service. She has held leadership assignments as lay minister, nursing home ministry coordinator, prison team leader, youth and mass choir director and member, youth director and counselor, children's church instructor, praise and worship leader, and last but not least group manager and psalmist of a traveling singing group for 14 years.

DaRonda's work in ministry has continued at Gospel Tabernacle of Prayer and Preceptual Praise Worship Church in Crofton, Maryland, after being at Faith Tabernacle Church in Baltimore, for over twenty years. McDuffie has been married almost thirty years to Charles, a skilled musician; mom to Quinten, a musically talented son and minister, and Shaneeka, a gifted daughter who works in the retail and medical fields.

McDuffie's background includes 25 years of government employment, with 17 in the public affairs and communications environs, at mostly enforcement agencies; 15 years small business owner as event planner and graphic designer. As a coach, author, and speaker, Ms. McDuffie is available for ministry, business, or academic events for motivational, business or career keynotes, panels, break-out sessions and more. Visit www.quad-creations.com to fill out a speaker request to have 'DaRonda the Diamond' help you become crystal clear in your focus, sharpen your career, business or ministry skill set, and shine some optimism for success in everyday life. This multi-faceted small business promoter can inspire audiences at your next event. Submit questions to quadcreations@gmail.com, and sign up for the free career and business newsletters.



Niagara Falls, in Toronto, Ontario Canada, Oct. 2012.

Enjoying the Journey

If you have a great inspirational story about how you make the most of your life you can email it to dfmwrites@hotmail.com for review and consideration for inclusion in the next installment of the “Enjoying the Journey” series, which is “Enjoying the Journey ~ At Any Age’ being released in 2014, with additional series scheduled for completion.

Be part of one of the series listed below, specific to the expression and use of your gifts, talents, or profession. For the next series, ‘Enjoying the Journey ~ At Any Age’ we welcome short stories from seniors, retirees, veterans and those who work with this community of individuals in your everyday life, such as family members, caregivers, social workers. Submit your short story, up to 750 words.

We want to know how you stay inspired, how you continue using the gifts you possess, and how you believe you will or have impacted the world around you by using those gifts, talents, strengths in your family, your community, your world, and witnessed how your efforts inspire others. You can also submit a story about someone you’ve seen making a positive impact in the community and in this vast world we’re blessed to explore and enjoy.

Be A Part of One of the Enjoying the Journey's Upcoming Series if you have a personal story to share fitting one of these categories or feel free to suggest a category:

Enjoying the Journey as an Actor
Enjoying the Journey as a Artist
Enjoying the Journey as an Athlete
Enjoying the Journey as a Beautician
Enjoying the Journey as a Dad
Enjoying the Journey as a Dentist
Enjoying the Journey as a Doctor
Enjoying the Journey as a Fashion Designer
Enjoying the Journey as a Foster Parent

Enjoying the Journey as a Mom
Enjoying the Journey as a Musician
Enjoying the Journey as a Nurse
Enjoying the Journey as a Professor
Enjoying the Journey as a Singer
Enjoying the Journey as a Teacher
Enjoying the Journey as a Teen
Enjoying the Journey as a Pastor

We welcome you to get on the group coaching call for career strategies, business building tips, and ministry motivation at 1.760.984.1000 use access code: 77362

If you enjoyed this ebook, check out www.quad-creations.com for more:

- *12 Spiritual Principles for Successful Coaching*
- *FooteNotes of Faith*, bible study guide
- *FooteNotes of Faith*, bible study workbook
- *52 Ways to Walk In Wisdom Week After Week*

As a coach, author, and speaker, Ms. McDuffie is available for ministry, business, or academic events for motivational, business or career keynotes, panel discussions, break-out sessions and more. Visit www.quad-creations.com to fill out a speaker request to have 'DaRonda the Diamond' help you become crystal clear in your focus, sharpen your career, business or ministry skill set, and shine some optimism for success in everyday life. This multi-faceted small business promoter can inspire audiences at your next event. Submit questions to quadcreations@gmail.com, and sign up for the free career and business newsletters.

